

Sent: Friday, January 17, 2003 12:16 PM
Subject: 8 WATER FACTS TO SHARE WITH CUSTOMERS

Dear Aquathin Dealer OnLine, Splash NewsBulletin and Allergic Reaction NewsBulletin Members;

8 WATER FACTS TO SHARE WITH CUSTOMERS

(from Water Quality NewsFax January 16,2003 Volume 12: Number 1)

- 1. 75% of Americans are chronically dehydrated. This likely applies to half the world's population.*
- 2. In 37% of Americans, the thirst mechanism is so weak that it is often mistaken for hunger.*
- 3. Even MILD dehydration will slow down one's metabolism as much as 3%.*
- 4. One glass of water can shut down midnight hunger pangs for almost 100% of dieters studied in a University of Washington study.*
- 5. Lack of water is the number one trigger of daytime fatigue.*
- 6. Preliminary research indicates that 8 - 10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.*
- 7. A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or printed page.*
- 8. Drinking five glasses of water daily decreases the risk of colon cancer by 45%, it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer.*

FOR THE BEST TASTE IN LIFE
Think Aquathin..AquathinK !!
Celebrating our 23rd Birthday in 2003 !!!
(visit the allnew <http://www.aquathin.com>)

"Alfie"
Alfred J. Lipshultz, President

P.S. "Splash NewsBulletins", "Forum Q & A", "Allergic Reaction", Biz Bank, Tech Bank and Quote Bank... ARE ALL FREE services to all Authorized Aquathin Dealers and their clients to keep you abreast of technology updates and industry news.